

**BBR Skills Development Centre
Adult 90 Minute Clinics**

Long game, short game and specialty clinics are an easy way to "get back in the groove" with your golf swing and game.

Clinics are 90 minutes long with a maximum of 6 students per class and one instructor or a maximum of 10 students with 2 instructors.

All clinics will start with a review of "swing fundamentals" as well as golf stretches and exercises.

During the "long game" or "full swing" clinics, students will work on set up, weight shift, finish position and balance - all necessities for a repetitive motion.

These clinics are not recommended for beginners unless stated otherwise.

CLINIC COST - \$40.00 Per person plus taxes

**GIFT CARDS ARE AVAILABLE
FOR ALL LESSON PROGRAMS**



BLACK BEAR RIDGE GC

Local: 613 - 968 - BEAR (2327)
Toll free: 1 - 866 - 811 - BEAR (2327)



BLACK BEAR RIDGE GC

Skills Development Centre

**2011
Golf Clinics**

Directed by

Cathy Sherk
CPGA & LPGA Member

Black Bear Ridge GC
Head Teaching Professional
&
Golf Association of Ontario
Regional High Performance Coach

For more information call:

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Toll free: 1 - 866 - 811 - BEAR (2327)

or email
csherk@blackbearridge.ca

www.blackbearridge.ca

BBR 90 Minute Clinic Schedule

April 30 - Saturday - 10am
Full Swing - Back to Basics

May 1 - Sunday - 10am
Short Game - chip & putt

May 1 - Sunday - 12:30pm
Full Swing - Back to Basics

May 4 - Wednesday - 4:30pm
Pitching - 10 - 20 - 30yds

May 7 - Saturday - 10am
BEGINNER FULL SWING

May 8 - Sunday - 10am
BEGINNER SHORT GAME

May 8 - Sunday - 12:30pm
Pitching - 20 - 40 - 60yds

May 12 - Thursday - 5pm
Full Swing - Back to Basics

May 18 - Wednesday - 11am
Full Swing - Back to Basics

May 18 - Wednesday - 5pm
Greenside Bunkers

May 19 - Thursday - 11am
Pitching - 10 - 20 - 30yds

June 1 - Wednesday - 10am
Full Swing - Back to Basics

June 2 - Thursday - 10am
Short Game - chip & putt

June 8 - Wednesday - 5pm
Short Game - chip & putt

June 11 - Saturday - 10am
BEGINNER FULL SWING

June 12 - Sunday - 10am
BEGINNER SHORT GAME

June 15 - Wednesday - 11am
Greenside bunkers

June 23 - Thursday - 5pm
Full Swing - Back to Basics

June 25 - Saturday - 1pm
Pitching - 10 - 20 - 30yds

June 26 - Sunday - 9am
Putting ONLY

July 2 - Saturday - 10am
Full Swing - Back to Basics

July 2 - Saturday - 12:30pm
Short Game - chip & putt

July 16 - Saturday - 9am
Full Swing - Back to Basics

July 17 - Sunday - 9am
Pitching - 60 - 80 - 100yds

July 24 - Sunday - 10am
Putting ONLY

July 28 - Thursday - 10am
Full Swing - Back to Basics

August 3 - Wednesday - 10am
Short Game - chip & putt

August 6 - Saturday - 10am
Pitching - 10 - 20 - 30yds

August 18 - Thursday - 4:30pm
Short Game - chip & putt

August 21 - Sunday - 10am
Full Swing - Back to Basics

August 25 - Thursday - 10am
Full Swing - Back to Basics

Sept 3 - Saturday - 10am
Full Swing - Back to Basics

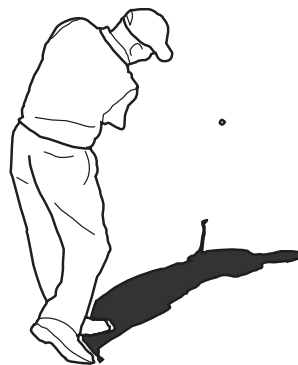
Sept 10 - Saturday - 10am
Greenside bunkers

Sept 11 - Sunday - 10am
Putting ONLY

Sept 14 - Wednesday - 11am
Short Game - chip & putt

Sept 24 - Saturday - 10am
Short Game - chip & putt

Sept 24 - Saturday 12:30pm
Full Swing - Back to Basics



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